

1 **Seabird diets as bioindicators of Atlantic herring recruitment and stock size: a new tool for ecosystem-**  
2 **based fisheries management**

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19

20 Abstract

21

22 Ecosystem-based fishery management requires understanding of relationships between exploited fish  
23 and their predators, such as seabirds. We used exploratory regression analyses to model relationships  
24 between Atlantic herring (*Clupea harengus*) in the diet of seabird chicks at nine nesting colonies in the  
25 Gulf of Maine, and four types of fishery- and survey-derived herring data. We found several strong  
26 relationships, which suggests spatial structuring in herring stocks and likely patterns of herring  
27 movements before they recruit into the fishery. Some types of herring data seldom used in stock  
28 assessments – notably acoustic surveys, fixed-gear landings, and weight-at-age – correlated as strongly  
29 with seabird data as more commonly used series, such as mobile-gear landings and modeled spawning  
30 stock biomass. Seabird chick diets collected at specific locations thus offer a promising means to assess  
31 the size, distribution, and abundance of juvenile herring across a broad area prior to recruitment, which  
32 is a major source of uncertainty in fisheries. Common terns showed the most potential as a  
33 bioindicator, correlating well and showing consistent spatial patterns with 11 of 13 fishery data series.

34

## 35 **Introduction**

36 Fisheries managers world-wide are increasingly expected to oversee harvested stocks with due regard to  
37 their interactions with other species in the ecosystem (Stephenson 2012). Successful application of this  
38 approach, often referred to as ecosystem-based fishery management or EBFM, is widely recognised as  
39 essential to the maintenance of healthy marine ecosystems and the communities they support  
40 (Christensen et al. 1996; Dickey-Collas et al. 2013; Skern-Mauritzen et al. 2016).

41 A fundamental feature of EBFM is understanding the multiple interactions among constituent species  
42 (Travis et al. 2014), including (but not limited to) harvested species and their prey. Fishery harvest is  
43 treated as a key ecosystem service to be sustained, yet many other predators rely on the same prey  
44 species, and sustaining their populations is an equally valid ecosystem service (Diamond 2012; Fogarty  
45 2014). The idea that the needs of natural predators 'deserve' consideration alongside those of fisheries  
46 is increasingly becoming accepted (Travis et al. 2014) and incorporated into both global biodiversity  
47 goals (Convention on Biodiversity no date) and national fishery-management policies (Stephenson 2012;  
48 Skern-Mauritzen et al. 2016).

49 Seabirds are among the most widespread and best-studied predators of marine fish, and they are  
50 affected by large-scale changes in abundance of prey stocks especially as a result of over-fishing (Duffy  
51 1983; Cury et al. 2011; Cook et al. 2014). Seabirds may also reflect other changes in the marine  
52 environment including contamination and oceanographic and climatic change, leading to well-  
53 established use of 'seabirds as environmental indicators' or SEI (Cairns 1987; Diamond and Devlin 2003;  
54 Einoder et al. 2009). Most of the SEI literature examines various behavioral responses – such as time  
55 budgets (Jodice et al. 2006) or reproductive success (Monaghan et al. 1989; Wanless et al. 2005) – to  
56 changing food availability, but Parsons et al. (2008) pointed out that seabird chick diet data offer "the  
57 most immediate signal of availability," which are not widely available because they are time-consuming

58 to collect. We take advantage of our long time-series of seabird chick diet data to conduct exploratory  
59 analyses using data routinely collected to manage one widely-harvested forage fish, Atlantic herring  
60 *Clupea harengus*, which has been prominent in the diet of seabirds and many other top predators (see  
61 below).

62 Forage fish are the target of many fisheries throughout the world (Pikitch et al. 2012). They are generally  
63 small or medium-sized, pelagic, schooling species, often with high fat content (Harris and Hislop 1978;  
64 Hislop et al. 1991; Wanless et al. 2005), characterised ecologically by their position mid-way in the food  
65 chain between phytoplankton and larger predators; in such marine systems the energy required by  
66 higher trophic levels is channeled through the forage fish (Pikitch et al. 2012). In such 'wasp-waist'  
67 systems (Bakun et al. 2009) the forage fish play a 'keystone' role (i.e. a species that exerts influences out  
68 of proportion to its abundance, *sensu* Paine 1995; Johnson et al. 2017), supporting a variety of top  
69 predators including larger fish, marine mammals, and marine birds; if these forage fish are the target of  
70 a fishery, it is critically important to avoid over-fishing because of all the predators that rely on the same  
71 prey as the fishery (Cury et al. 2011). If such forage fish show high caloric density (i.e., are high in fat  
72 content) they are particularly likely to be targeted by optimal foragers and function as keystone prey.

73 In systems where seabirds feed on forage fish which are also the target of a fishery, there is enhanced  
74 potential both for negative impacts of the fishery on the birds and for the birds to respond quickly to  
75 changes in the fish stock; much of the SEI literature refers to such systems. Among many examples are:  
76 sandeels (or sandlance) *Ammodytes* spp. in the North Sea (Monaghan et al. 1989; Frederiksen et al.  
77 2008; Cook et al. 2014) and Gulf of Alaska (Jodice et al. 2006; Suryan et al. 2006); capelin *Mallotus*  
78 *villosus* around Newfoundland and Labrador (Montevecchi and Myers 1996; Regehr and Montevecchi  
79 1997), the Barents Sea (Barrett and Furness 1990) and Gulf of Alaska (Jodice et al. 2006); anchovy and  
80 sardines in the Benguela Current (Crawford et al. 2008; Green et al. 2015), the Humboldt Current (Duffy  
81 1983) and California Current (Mills et al. 2007; Sydeman et al. 2009; Thompson et al. 2012); and Atlantic

82 herring *Clupea harengus* in Iceland, Norway (Anker-Nilssen 1987), and the Gulf of Maine (Diamond and  
83 Devlin 2003; Breton and Diamond 2014).

84 Atlantic herring in the Gulf of Maine play a widely recognised keystone role (Kenney et al. 1997; Bakun  
85 et al. 2009; Diamond 2012) as a forage fish. Predators with a predominantly herring diet include bluefin  
86 tuna (*Thunnus thynnus*), themselves the object of an important fishery (Golet et al. 2007; 2015),  
87 humpback *Megaptera novaeangliae* and fin whales *Balaenoptera physalus*, other cetaceans and seals  
88 (Kenney 1997), and several species of long-distance migratory seabirds as well as those breeding locally  
89 (Diamond 2012). However, different predators consume different sizes (and therefore age classes) of  
90 the herring stock. Juvenile herring hatched in fall are referred to as "0-group" until 1 January when they  
91 become 1-group (or 1-yr-olds). Herring reach sexual maturity at 3-4 years but can enter the fishery at  
92 age 2 (Stephenson et al. 1993; Fig. 1). Herring in the Gulf of Maine spawn mostly in late summer or fall,  
93 so those eaten by seabirds breeding the following summer are most often 1 yr old, though the larger  
94 auks (razorbill *Alca torda* and common murre *Uria aalge*) also take 2-yr-old fish. Seabirds sample herring  
95 younger than 2 yrs old, offering the possibility that data on their diets could predict recruitment, and aid  
96 in stock assessment and EBFM.

97 Our focus in this paper is on assessing possible relationships between the herring content in the diet of  
98 seabird chicks and various measures of herring abundance, with a view to identifying possible predictors  
99 of future herring stock size. We assume that seabirds take preferred prey (in this case, 1-yr-old herring)  
100 in relation to the abundance of that prey; thus, a high proportion of herring in the diet reflects an  
101 abundance of herring within the foraging range of the colony. Specifically, we assess relationships  
102 between sets of herring data commonly used in stock assessments in both Canadian and American parts  
103 of the Gulf of Maine, and several measures of diets of breeding seabirds and their chicks. From this  
104 assessment, we examine the potential of diet data from seabird species and colonies as indicators of  
105 value to future EBFM. We include diet data from multiple species at widely-separated colonies, allowing

106 us to address both the different spatial and temporal scales at which seabirds and fisheries operate, and  
107 the varied foraging behaviours of different species of seabird (Greenstreet et al. 2000; Becker and  
108 Chapdelaine 2003). Our analyses are driven by two broad hypotheses: 1) the diets of seabirds indicate  
109 the strength of a herring cohort at age 1, which predicts future stock size (seabird diets predict fishery),  
110 and 2) data on breeding herring from fisheries predict future productivity, and the prevalence of herring  
111 in future seabird diets (fishery predicts seabird diets). To reflect these hypotheses, and the temporal  
112 disjuncture between the age-1 cohorts targeted by seabirds and the older ages targeted by various parts  
113 of the fishery, we perform an exploratory analysis examining relationships between fishery and seabird  
114 data at lags ranging from -3 (fishery predicts seabirds 3 years later) to +5 (seabirds predict fishery 5  
115 years later). We identify the strongest seabird-fishery relationships, rank herring data for their  
116 relevance to herring predators, and identify seabird colonies and species as potentially useful indicators  
117 of the herring stock.

118

## 119 **Methods**

### 120 *Seabird study area and diet data collection*

121 Seabird diet data were collected from nine colonies in the Gulf of Maine and Bay of Fundy region, where  
122 long-term seabird monitoring programs have been conducted since the early 1970s (Fig. 2). Seven  
123 Maine colonies (Stratton Island, Outer Green Island, Jenny Island, Pond Island National Wildlife Refuge  
124 (NWR), Eastern Egg Rock, Matinicus Rock, and Seal Island NWR) are managed by National Audubon  
125 Society's Seabird Restoration Program (SRP), one is managed by the U.S. Fish and Wildlife Service  
126 (USFWS; Petit Manan Island, Maine), and one (Machias Seal Island, New Brunswick, "MSI") is managed  
127 by the Canadian Wildlife Service and monitored by the University of New Brunswick (UNB). Protocols to  
128 collect diet data were similar across islands. The animal care committee at UNB reviewed annual

129 procedures performed at MSI, and all SRP and USFWS data collection was in accordance with federal  
130 banding permits. We consider four colonies as “western” (Stratton Island, Outer Green Island, Jenny  
131 Island, and Pond Island NWR), three colonies as “central” (Eastern Egg Rock, Matinicus Rock, and Seal  
132 Island NWR), and two as “eastern” (Petit Manan Island, MSI).

133 We included diet data from four species – two surface-feeding tern species (common tern *Sterna*  
134 *hirundo* and Arctic tern *S. paradisaea*) and two diving alcid species (Atlantic puffin *Fratercula arctica* and  
135 razorbill *Alca torda*). Common terns breed on all nine colonies, and we used data from Arctic terns on  
136 four (Matinicus Rock, Seal Island, Petit Manan Island, and MSI), Atlantic puffins on four (Eastern Egg  
137 Rock, Matinicus Rock, Seal Island, and MSI), and razorbills on two (Matinicus Rock and MSI). The latter  
138 three species tended to nest in colonies in the central and eastern parts of the Gulf of Maine,  
139 representing the southern limit of their North American ranges.

140 Feeding watches were performed throughout the chick-rearing period of each study species on each  
141 island, from multiple observation blinds erected in each colony. Observers used binoculars to identify  
142 common prey species at each colony, estimating prey length relative to the adult’s bill length. For each  
143 feeding, observers recorded the nest number, prey recipient, number of prey, prey length, and prey  
144 species. Further details on seabird diet observations are included in Supplementary Data S1.

145 A full summary of the time series for all species at all colonies is included in Table S1. Time series at SRP  
146 colonies begin in 1991 or 1992 for Arctic terns, 2002 or 2003 for common terns, and 2005 for alcids.  
147 Time series at Petit Manan Island begin in 2000 for Arctic terns and 2002 for common terns. At MSI,  
148 data begin in 1990 for Arctic terns and 1995 for common terns and alcids. The tern colony at MSI  
149 collapsed in 2006 (Diamond 2009; Gaston et al. 2009), so no tern feeding observations could be  
150 performed from 2006-2013. The diet study for Arctic terns resumed in 2014 with the restoration of the

151 colony (Scopel and Diamond 2017), and diet estimates for common terns were derived from video  
152 observations in 2016.

153

#### 154 *Seabird diet data treatment*

155 Seabird diet data treatment follows that performed in Scopel and Diamond (*in press*). All raw feeding  
156 data were converted into annual estimates of wet weight. For each species at each colony, taxa that  
157 made up at least 1% of the diet by number were retained for conversion into weight (Table S2). If  
158 possible, length-weight conversion formulae were developed from prey samples collected  
159 opportunistically by UNB at MSI as part of their annual protocol (available at  
160 <http://www.unb.ca/research/alar/msi-seabirds/protocol-methods.html>); prey samples were measured  
161 for total length to the nearest 0.1 mm, and wet weight to the nearest 0.1 g. For prey taxa with too few  
162 samples to develop conversions ( $n = 8$ ), we used values from the literature (Table S3). Once all prey  
163 conversions were developed, we applied the conversion formulae to our annual diet data for each  
164 colony-species pair (e.g., common tern-Jenny Island, Atlantic puffin-Seal Island), to derive estimates of  
165 wet weight for each prey taxon and for each year. Sums of weight for each prey taxon were tallied and  
166 summarized for each year.

167 For this study, we calculated four representations of herring in the seabird diet: two rates (herring mass  
168 per feeding, herring mass per observed chick-hour (i.e., the total number of hours each chick was  
169 observed at a nest (tern) or plot-hour (alcid))), proportion of herring in the diet, and average mass of  
170 individual herring. A summary of these representations of seabird diet, including sample sizes, can be  
171 found in Tables S4-S12 in supplemental material. Strength of herring cohort by colony-species pair is  
172 included in Table 1.

173



174 *Herring stock data sources*

175 Herring in the Gulf of Maine and Bay of Fundy region are managed by an American and a Canadian  
176 fishery, respectively; although both countries manage their quotas and stocks independently, they do  
177 share data, and issue status reports jointly through the Transboundary Resource Assessment Committee  
178 (TRAC). The Canadian fishery manages the Bay of Fundy and Scotian Shelf herring as the 4WX herring  
179 stock complex, requiring the separation of Bay of Fundy herring (4X) from reported totals in the 4VWX  
180 reports. The American fishery identifies the Gulf of Maine and Georges Bank as separate spawning  
181 components (5Y and 5Z, respectively), but both are modeled as part of the same stock complex (NEFSC  
182 2012).

183 Owing to the diversity of data that can represent a fish stock, we considered a variety of potential  
184 herring data types for this analysis. We selected four broad categories that represent different aspects  
185 of the herring fishery: fishery-independent acoustic surveys of spawning stock biomass, landings,  
186 weights-at-age, and output from stock assessment models. Although landings are relatively simple to  
187 measure and data are abundant, they do represent targeted and technologically-assisted sampling of  
188 fish that does not necessarily represent the behaviour of small piscivores, such as seabirds. We  
189 therefore included data from acoustic surveys to obtain a fishery-independent estimate of spawning  
190 stock biomass. The Canadian fishery has reported declining average weights-at-age since the 1970s  
191 (Department of Fisheries and Oceans (DFO) 2015), so we included Canadian weight data to reflect this  
192 potentially important property of the stock. Finally, we included two types of output from stock  
193 assessment models. Age-1 recruitment was estimated by both the American and Canadian stock  
194 assessments via forward-cast (Age Structured Assessment Program with a Beverton-Holt stock-  
195 recruitment relationship) and back-cast (Virtual Population Assessment, no longer used officially) age-  
196 structured models, respectively; these serve as the best available data to estimate the abundance of 1-  
197 yr-old herring in the fishery, which can be compared directly with seabird diets. Finally, we included

198 estimates of spawning stock biomass from the American stock assessment model, for comparison with  
199 landings and acoustic surveys.

200 Landings data were obtained from stock assessment reports. We included mobile-gear landings  
201 (primarily purse-seine and mid-water trawl) from the American fishery (Deroba 2015), mobile-gear  
202 landings from New Brunswick (Stephenson et al. 1998; Singh et al. 2016), combined landings (American  
203 mobile-gear landings and all fixed-gear landings, Deroba 2015), and fixed-gear landings from  
204 southwestern New Brunswick (Deroba 2015). Most fixed-gear landings in the region are caught in weirs  
205 in southwestern New Brunswick.

206 Acoustic data were obtained for the Canadian and American stocks; Canadian data were obtained from  
207 stock assessment reports (DFO 2015), and American data were obtained directly from M. Jech at the  
208 NEFSC, following the format published in the American stock assessment report (NEFSC 2012). Canadian  
209 surveys sampled herring at Trinity Ledge, German Bank, and Scots Bay, Nova Scotia; American surveys  
210 sampled herring at Georges Bank (Fig. 2). Acoustic survey data in both regions begin in 1999, and  
211 continue through 2012 in the USA and 2014 in Canada.

212 Weight-at-age data were obtained directly from M. Power at DFO. We selected three types of weight  
213 data – weight-at-age estimates for age-1 fish (the youngest available, the same age that most of the  
214 seabirds would consume), fish aged 3-5 years (which represent the majority of the spawning stock), and  
215 fish aged 3+ years. The majority of spawners in the stock are 3-5 years old, but the entire spawning  
216 component can reach age 10+. We compared the importance of just young spawners (3-5 yrs) and the  
217 entire spawning stock; although younger spawners are more abundant, older and larger fish may  
218 contribute more to future recruitment owing to greater fecundity (Wootton 1998; Hsieh et al. 2006).

219 DFO also identified a significant decline in the average growth of herring between ages 2 and 3 in recent

220 years (M. Power, DFO, St. Andrews, New Brunswick, personal communication, 2016), which we included  
221 as a fourth data type in our weight category as “growth increment”.

222 Finally, we included spawning stock biomass estimates from the American model (Deroba 2015), and  
223 estimates of the number of age-1 herring as predicted by the American (NEFSC 2012) and Canadian  
224 (obtained directly from R. Singh, DFO) models.

225 Complete herring data used in this analysis, including years of available data, are included in table S13-  
226 S14 in supplemental material. Strength of herring cohorts, as measured by the American stock  
227 assessment model, are included in Table 1.

228

### 229 *Data analysis – Exploratory assessment of lags*

230 Herring sampled by seabirds and by the fishery are rarely of the same age class; most seabirds consume  
231 1- or 2-year old herring, but the herring fishery targets 2+ (fixed gear) and 3+ year old (mobile gear,  
232 acoustic surveys) fish (Fig. 1). This age discrepancy offers the potential to predict future stock data from  
233 the younger age classes consumed by seabirds. In order to investigate potentially useful predictive lags,  
234 we identified significant lags using the cross-correlation function (`ccf()`, package “stats”) in R (version  
235 3.1.2, R Core Team 2014). We examined all lags between -3 to +5 for each seabird-colony and fishery  
236 data pair; positive lags indicate that seabird diets predict fishery data, and vice versa for negative lags.  
237 Any lag that was deemed significant by the cross-correlation function ( $>0.4$ , R Core Team 2014) was  
238 retained for further analysis. We identified three classes of lags: (1) no lag or lags of +1 years, “no” or  
239 “short lags”, (2) lags of +2 to +5 years, “long lags”, and (3) lags of -1 to -3 years, “negative lags.”

240 We used 19 colony-species pairs of seabird diet data (e.g., common tern on Matinicus Rock, Atlantic  
241 puffin at Eastern Egg Rock), each with four representations of seabird-derived herring (e.g., herring

242 weight per feeding), and correlated them to 13 variables derived from the herring fishery (e.g., fixed-  
243 gear landings). For average mass of individual herring (seabird), we correlated these to the four fishery-  
244 derived weight variables only.

245

#### 246 *Data analysis – Validation of significant correlations*

247 Following the exploratory assessment of lags, we examined all significant seabird-fishery correlations in  
248 greater detail. All analyses were performed in R. All data were normalized (mean of 0, standard  
249 deviation +/-1). We used univariate lagged regression to predict fishery-derived estimates of herring  
250 from seabird-derived estimates of herring. Owing to the direct comparison of two herring measures, we  
251 tested only simple linear relationships; we assumed that differences in cohort size would persist linearly  
252 throughout the time series.

253 Since seabirds can consume 1- or 2-year-old herring, we tested the possibility of temporal  
254 autocorrelation by including an autoregressive (AR) correlation structure within our models (Zuur et al.  
255 2009). We prepared two sets of models for each significant lag, one with and one without an AR1  
256 correlation structure. We used generalized least squares regression (GLS, `gls()`, package “nlme”,  
257 Pinheiro et al. 2016) and compared each model pair using AICc (package “AICcmodavg”, Mazerolle  
258 2015); for each model, the structure with the lowest AICc was selected.

259 Models were built with fishery data as the response variable and seabird data as the predictor. Series of  
260 models were produced for each fishery variable and ranked using AICc. Any models that ranked lower  
261 than a model using only year as a predictor (i.e., the “null” model) were considered uninformative and  
262 removed from further consideration.

263 After fitting GLS models, we checked models for meaningful effect sizes and explained variation, using  
264 regression slopes and McFadden's pseudo- $R^2$  (McFadden 1974), respectively. Models that scored lower  
265 than 0.5 in either category were considered uninformative and removed from further consideration. In  
266 some cases, a single seabird-fishery lag was represented multiple times with different rate and  
267 proportional data; if one model was ranked more than 3  $\Delta$ AICc units higher than another model within  
268 the same seabird-fishery lag (e.g., Seal Island puffins-acoustic +3), we removed it from consideration. All  
269 instances with lags within 3  $\Delta$ AICc units were kept.

270 For all remaining models, leave-one-out cross-validation (Efron and Tibshirani 1993) was performed to  
271 assess the model's predictive ability and stability of slope. Models where slopes dropped below 0.25  
272 were considered uninformative and removed from further consideration. Once cross-validation was  
273 performed, we reduced the model set to a single instance of each seabird-fishery pair, if possible, based  
274 on prediction error (CV), pseudo- $R^2$ , slope, and potential outlier years. Multiple lags for one seabird-  
275 fishery pair were retained if they were well supported. Models with greater pseudo- $R^2$ , greater slopes,  
276 and lower prediction error were considered stronger.

277

### 278 *Relevance rankings*

279 GLS models were separated into potential quantitatively and qualitatively useful lags; CVs of <0.5 were  
280 considered suitable for quantitative prediction, but those >0.5 were considered useful to represent  
281 general qualitative trends only. CVs <0.2 were considered the strongest predictive models, and these  
282 were considered potentially reliable bioindicators.

283 Using the cross-validated GLS models, fishery data were ranked based on their potential relevance to  
284 future EBFM. Ranking criteria for each fishery data type included the number of seabird species, seabird  
285 colonies, and geographical subregions (western, central, or eastern) that were represented by cross-

286 validated models, the number of models that passed cross-validation, and the number of models with  
287 CVs <0.2. Model sets that were representative of a larger spatial area, highly correlated with more  
288 species, and had strong predictive value were considered the most relevant to future study.

289

### 290 *Post hoc analyses*

291 Following our initial analyses, we performed a *post hoc* comparison between our seabird variables and  
292 American weight-at-age data (NEFSC 2012). We found a marked reduction in weight-at-age after age 3  
293 in both Canadian and U.S. data (Fig. 3) which encouraged us to include both datasets, using the same  
294 age categories (age 1, 3-5, and 3+) as the Canadian weight data. The American time series included data  
295 through 2011.

296 We also examined the importance of time series length within our longest seabird time series. We  
297 divided four time series (MSI Atlantic puffins and razorbills, Matinicus Rock and Seal Island NWR Arctic  
298 terns) into two subsets – an “early” time series including years 2005 and earlier (to emulate the length  
299 of the MSI tern series), and a “late” time series including years 2002 and later (to emulate the length of  
300 the SRP common tern series). We examined cross-correlations between these subsets and compared  
301 them with cross-correlations of the full time series, in order to determine if changes in the seabird-  
302 fishery relationship over time weakened the strength of the observed correlations in these data. This  
303 division coincides with the timing of a regime shift between 2000 and 2004 (Smith et al. 2012) with  
304 potential consequences for nutrient status and the plankton community (Townsend et al. 2010) which  
305 can be expected to affect responses in species higher in the food-web such as forage fish and their  
306 predators.

307

308 **Results**309 *Assessment of lags and validation of models*

310 We performed 6,555 seabird-fishery cross-correlation comparisons, identifying 472 seabird-fishery data  
311 pairs with significant lags during the first stage of the analysis; 71 included an autoregressive correlation  
312 structure. We performed cross-validation on 347 GLS models, retaining 70 (Table S15). Of these, 19 had  
313 CVs >0.5, 38 had CVs between 0.2 and 0.5, and 13 had CVs <0.2. Models with CVs <0.2 we consider to  
314 be the highest quality (Table 2), and are examined in full detail below. Models with CVs between 0.2  
315 and 0.5 had quantitative value but showed higher prediction error, and those with CVs >0.5 were  
316 considered qualitatively useful only; general trends from these two lower ranked categories are also  
317 discussed below.

318

319 *Top ranked models – CV <0.2*

320 A complete list of the 13 top-ranked models, including their CVs, pseudo-R<sup>2</sup>, and slopes, can be found in  
321 Table 2. Depictions of these models can also be found in Figs. 4 and S1-S2 in supplemental material.  
322 Eight of 13 fishery data types and 10 of 19 seabird-colony pairs were involved in this model set,  
323 including all four seabird species, and six of nine seabird colonies, encompassing all three geographic  
324 subregions. Acoustic surveys, landings, and model output were equally represented in this model set,  
325 but only one model included weight data. Common tern models were the most abundant, featured nine  
326 times, and six colonies of common terns were represented in this model set. Eight models had long lags,  
327 four models had short or no lag, and just one model had a negative lag.

328

329 *Trends in lower-ranked models – 0.2 < CV < 0.5 and CV > 0.5*

330 Twelve of 13 fishery data types were represented in these models; only mobile-gear landings from New  
331 Brunswick were absent from cross-validated models. Several fishery data types featured prominently in  
332 these lower ranked models, including estimated recruitment from the Canadian fishery, Canadian  
333 weight-at-age data for all three age categories, modeled spawning stock biomass, and mobile-gear  
334 landings from the American fishery.

335 All nine seabird colonies were included in these models, although only 16 of 19 seabird-colony pairs  
336 were represented. Razorbills from MSI, and Arctic terns from Matinicus Rock and Seal Island NWR were  
337 not part of any of the cross-validated models; no strong relationships could be found between fishery  
338 data and any of these seabirds. Of the remaining seabird-colony pairs, common terns were part of 25  
339 models, puffins in 17, Arctic terns in 9, and razorbills in 6.

340 Negative lags featured in 17 models, particularly those including weight, fixed- or mobile-gear landings  
341 data. Long lags were in 12 models, including acoustic surveys, mobile-gear landings, spawning stock  
342 biomass, and weight data. The remaining 28 models included short or no lag, and incorporated 11  
343 different fishery variables.

344

#### 345 *By fishery data type – all models*

346 Acoustic surveys from the Bay of Fundy showed long lags with western common tern and central alcid  
347 data, and short or no lags with terns at MSI and razorbills at Matinicus Rock. Acoustic surveys from  
348 Georges Bank linked exclusively to terns at MSI (Fig. 4), at long and short or no lags.

349 Fixed-gear landings had a consistent lag of -2 for four of six cross-validated models; three seabird  
350 species from MSI, both tern species from Petit Manan Island, and common terns from Matinicus Rock  
351 showed links to fixed-gear landings, which primarily occur in waters near MSI (Fig. S1). American



352 mobile-gear landings correlated with data from seven seabird-colony pairs, spread across western and  
353 central colonies, but neither eastern nor Arctic tern data were included in these models. Lags for  
354 mobile-gear models included three long lags, two short lags, and two negative lags. American mobile-  
355 gear landings had the second-highest number of significant correlations in early model-testing, but  
356 many models failed cross-validation owing to high-leverage points in 2006 and 2009.

357 Modeled spawning stock biomass was the most prolific fishery type in the full cross-validated model set,  
358 including 10 seabird-colony pairs at eight colonies, yet many models failed cross-validation owing to  
359 high leverage from the 2014 data point. Five models included long lags, and the remaining models had  
360 short or no lags. Recruitment data from the USA were most strongly linked to common tern and puffin  
361 data from two central colonies, but overall were much more spatially limited; all models had no lag.  
362 This indicates that recruits, as defined by the American stock assessment, are of the same age as the fish  
363 consumed by seabirds. Conversely, recruits from the Canadian stock assessment were represented  
364 primarily by +1-yr lags, indicating that recruits, as defined by the Canadian stock assessment, are one  
365 year younger than the fish consumed by seabirds. Canadian recruitment models involved common  
366 terns, puffins, and razorbills from five central or western colonies. Although Canadian recruitment data  
367 were more widespread in their links with seabird data relative to American recruitment data, American  
368 models on average had lower prediction error; no Canadian recruitment models were included in the  
369 top-ranked model set. Common terns and puffins at Seal Island NWR were the only seabird-colony pairs  
370 to correlate with both sets of recruitment data.

371 Canadian weight data were included in 23 total models, but only one ranked highly and lags were  
372 inconsistent, especially in the weight-at-age 1 category. Similarly to the Canadian recruitment data,  
373 weight-at-age 1 models involved common tern, puffin, and razorbill data from central and western  
374 colonies, incorporating five colonies. The lags featured in the weight-at-age 1 data, however, were quite  
375 variable, including seven negative lags and four long lags. Weight-at-age 3-5 data and growth increment

376 were included in seven models, representing alcids from central colonies and terns at Petit Manan  
377 Island. Weight-at-age 3+ data were linked with terns at MSI only.

378

379 *By seabird species and colony – all models*

380 Common terns were represented strongly; all nine colonies had models that passed cross-validation,  
381 and eight colonies were included in models with CVs <0.5. Common tern models also involved 11 of 13  
382 fishery data series, showing high concordance with a variety of fishery data types. The strongest models  
383 for common terns included both acoustic surveys, all three types of landings, and American recruitment  
384 and spawning stock biomass estimates. Common tern data also formed the strongest models, as ranked  
385 by CV and by pseudo-R<sup>2</sup>.

386 Arctic tern data at MSI were linked with all four types of fishery data, including five variables, most often  
387 by +1 lags. MSI Arctic tern data correlated most frequently and most strongly with acoustic survey data,  
388 especially in Georges Bank. At Petit Manan Island, Arctic tern data were linked to just three variables,  
389 representing either weight or landings data, and relationships were weaker than the MSI models. Arctic  
390 tern data from central colonies did not correlate strongly with anything.

391 Atlantic puffins at all four colonies had models with CVs <0.5, including nine fishery variables, yet only  
392 one model was included in the top ranked set, featuring weight-at-age data. Puffins at Seal Island NWR  
393 and Matinicus Rock were the best represented in these models, showing strong relationships with  
394 weight, landings, and model data. All central colonies had models including Canadian recruitment  
395 estimates, American mobile-gear landings, and Canadian weight-at-age data. Puffins at MSI were linked  
396 only to fixed-gear landings.

397 Razorbills at Matinicus Rock were linked to six fishery variables, including all four types of fishery data.  
398 Only one model was included in the top-ranked set, incorporating estimates of spawning stock biomass.  
399 Razorbill models were similar to puffin models from central colonies, also including Canadian  
400 recruitment estimates, mobile-gear landings, and weight-at-age data. Razorbills at MSI showed no  
401 relationship with any fishery data.

402

#### 403 *Relevance rankings*

404 Rankings are listed in Table 3. Of the 13 fishery data series, two have high relevance to future  
405 ecosystem-based fisheries management, four have moderate relevance, six have low or limited  
406 relevance, and one has poor relevance.

407

#### 408 *Post hoc analyses*

409 Six American weight-at-age models passed cross-validation; five involved ages 3-5, and one included  
410 ages 3+. Two models had CVs between 0.2 and 0.5, and the rest were >0.5. Three models were  
411 consistent between the American and Canadian datasets; a comparison can be found in Table S16.  
412 American weight-at-age models were considered of low relevance to future EBFM.

413 We compared the four truncated seabird time series with 13 fishery data types, for a total of 52  
414 comparisons. In 25 cases, one subset had a significant lag while the other subset had none; in 12 cases,  
415 both subsets had significant lags, but the lag lengths were two or more years apart between subsets.  
416 Acoustic biomass models had significant correlations prior to 2005 only, and model-derived recruitment  
417 had stronger correlations in 2002 and later. Weights and landings had cases where early and late lags  
418 were the only ones with significant correlations, depending on the variable.

419

420 **Discussion**

421 We found encouraging support for the idea that measures of 1-yr-old herring in the diet of seabird  
422 chicks on colonies throughout the Gulf of Maine can provide important insight into the otherwise  
423 poorly-known process of herring recruitment. Selected measures both predict recruitment to the  
424 spawning stock, and illuminate spatial and temporal patterns in the first two years of herring life. We  
425 focus our discussion on the strongest models (Table 2), with reference, where appropriate, to models  
426 with CV between 0.2 and 0.5.

427

428 *Seabirds as herring indicators*

429 Our results show strong potential applications of seabird data to predict herring recruitment. We  
430 identified 13 seabird-fishery relationships that show great promise in predicting the herring stock. The  
431 lack of an independent recruitment index makes it impossible to predict future catch until herring reach  
432 age 2, when they can be captured by fixed gear. Bottom trawls catch few juveniles unless cohorts are  
433 strong (NEFSC 2012), and recruitment has been weak since 2005, aside from the strong 2009 age-1  
434 cohort, and potentially the 2012 cohort (Libby and Yuen 2013; Deroba 2015). Seabird diet data may  
435 thus fill an important knowledge gap in herring stock assessment, and inform managers about the  
436 behavior of young herring at shorter time scales between assessments.

437 Seabird diets generally tracked both strong and weak age-1 cohorts as identified in stock assessments  
438 (Table 1); all three of the cohorts >30,000 tons (1995, 2009, and 2012), and two of the four <10,000 tons  
439 (2000, 2001, 2005, 2007), were reflected in chick diet at one or more colonies. These data suggest that  
440 seabirds are better at corroborating good cohorts, according to the fishery, rather than weak ones; our

441 data suggest that cohorts are not equally strong across the entire region, and some of the discrepancies  
442 between the fishery and the seabirds may be related to spatial scales of the respective datasets (see  
443 below). Fishery data did a poor job of predicting weak cohorts according to seabird data; 2004, 2010,  
444 and 2011 were poor herring years for most seabirds, yet these years are unremarkable according to the  
445 American stock assessment model. The fishery may be worse at detecting weak cohorts because  
446 technological aids allow catches even when availability may be low; five of 19 seabird-colony pairs  
447 delivered no herring to chicks in 2005, and zero abundance is unlikely to be replicated in the fishery.  
448 Information on diet of herring predators is frequently listed as a priority for future herring research (e.g.,  
449 Libby and Yuen 2013), and we present multiple measures of seabird diets located throughout the Gulf of  
450 Maine as a contribution to this requirement for EBFM. We caution, however, that herring predator data  
451 should not be used to simply corroborate findings from previous stock assessments. One of our most  
452 striking findings was that some of the strongest correlations (five of our top-ranked 13 models) were  
453 between seabird diet data and fishery data not usually incorporated into stock assessments, such as  
454 acoustic surveys and weights-at-age. Acoustic surveys are no longer performed on Georges Bank (M.  
455 Jech, NEFSC, Woods Hole, MA, personal communication, 2016), and were excluded from the 2012 stock  
456 assessment because they disagreed with bottom-trawl and fishery monitoring data (NEFSC 2012), yet  
457 we found a strong relationship between patterns of this acoustic survey and tern diet at MSI, which  
458 showed a marked decline after 2000 that has not otherwise been explained.  
459 Furthermore, weight-at-age data, although considered stable by TRAC and NEFSC, actually show steep  
460 declines after 1980, as also reported by DFO (Fig. 3). Although these data may not match conclusions  
461 from landings or bottom-trawl surveys, we encourage fisheries scientists to consider the biological  
462 relevance of these data sources, especially as they support trends observed in diet of herring predators.  
463 Seabirds are often overlooked in studies of herring predators because the relative proportion of the  
464 herring stock that they consume is much less than that of groundfish or marine mammals (NEFSC 2012),

465 but herring can be integral to seabird reproductive success and survival (Massias and Becker 1990;  
466 Durant et al. 2003; Breton and Diamond 2014), emphasizing the need for EBFM in this ecosystem.  
467 Correlations between mobile-gear landings and data of common terns, puffins, and razorbills suggest  
468 that these seabirds select herring preferentially, further supporting the need for cautious herring  
469 management.

470

#### 471 *Spatial relationships among seabird colonies*

472 We observed unexpected spatial patterns among seabird colonies. The easternmost colony, MSI,  
473 frequently had relationships with spawning components and fishery-derived data not shown by other  
474 seabird colonies. Western colonies often had similar lags among colonies, sometimes shared with  
475 central colonies, but never with MSI. Western common tern data sometimes showed similar patterns  
476 with central common terns, but more often showed patterns similar to central alcids, suggesting that  
477 different species may target herring differently.

478 There were also distinct spatial differences among western, central, and eastern colonies with regard to  
479 the abundance of herring in their seabird diets. Three of the four easternmost colonies (Matinicus Rock,  
480 Seal Island NWR, and MSI) tended to have low proportions of herring in the seabird diet, especially after  
481 2000. Petit Manan Island, while part of this eastern group, is located close inshore and tended to have  
482 more abundant herring in the diet in the mid-2000s, but herring sharply declined in seabird diets after  
483 2009. In contrast, chick diets in western colonies and the nearshore Eastern Egg Rock in the central Gulf  
484 of Maine showed increases in herring in recent years. Strong cohorts also tended to be spatially  
485 restricted (Table 1); strong cohorts in 2009, 2012, and 2014 were generally found in either the eastern  
486 or western half of the Gulf of Maine, and were poor to average on the other half. These broad  
487 differences support the idea that spawning components are distinct and self-sustaining (Berkeley et al.

488 2004; Overholtz et al. 2004), and also suggest that juvenile herring in the eastern Gulf of Maine are now  
489 less abundant than those in the west. Links between seabirds at MSI and Georges Bank acoustic data  
490 suggest that recruitment from this spawning component may be reduced from previous years, especially  
491 after 2000. The strong relationship between the Canadian spawning component and the western  
492 seabird data corroborates descriptions in Tupper et al. (1998) that young herring occupy discrete areas,  
493 where environmental conditions may differ considerably (Fig. 5; see below). Applying a single estimate  
494 of spawning stock biomass and recruitment to all herring in the stock may put the weaker stock  
495 components at risk of overfishing (Tupper et al. 1998). The Gulf of Maine has an east-west  
496 oceanographic profile (Jordaan et al. 2010; Friedland et al. 2015), with more favourable conditions for  
497 growth in the west (Tupper et al. 1998), suggesting that productivity of young herring in the east may be  
498 reduced.

499 Although separate quotas are allocated to different parts of the American side of the fishery (Libby and  
500 Yuen 2013), the general outlook for the most recent American stock survey was optimistic (Deroba  
501 2015), and did not mention weak recruitment in the east. Our results suggest that more rigorous  
502 estimates for smaller regions within the Gulf of Maine would be beneficial for herring management.  
503 Although American models represent a much larger proportion of the stock relative to Canadian models,  
504 American estimates of recruitment correlated with fewer seabird colonies. A potential issue with the  
505 American model is that it combines a spatially broad dataset into a single estimate of recruitment,  
506 ignoring natural oceanographic differences between Georges Bank and the eastern and western Gulf of  
507 Maine. Even within management units, the stock is divided into the northern (Gulf of Maine, 5Y) and  
508 southern (Georges Bank, 5Z) halves of the region, and does not reflect the differences in seabird diet  
509 that we have observed in an east-west pattern. Strong spatial patterns in our seabird-herring  
510 relationships imply similar patterns in distribution and numbers of juvenile herring, arguing for  
511 consideration of more spatially explicit assessments of Gulf of Maine herring.

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*Connectivity between spawning components and juvenile habitat*

Managers have identified the connectivity between different spawning components of herring as a major source of uncertainty (Tupper et al. 1998; Overholtz et al. 2004). Our results show clear spatial patterns of juvenile herring movement, and may help to resolve some of this uncertainty. Acoustic surveys by DFO track spawning components in southwestern Nova Scotia, and show that larvae either remain in this vicinity, or advect into the Bay of Fundy (Stephenson et al. 2015). However, we observed a consistent relationship between western and central seabird diets and the Bay of Fundy acoustic surveys, all with +3 lag. This pattern of movement is suggestive of movements of larvae from New Brunswick and eastern Maine (Tupper et al. 1998). Herring can first spawn at age 3, so this lag could represent the movement of juvenile herring to these breeding grounds, and potentially indicate natal fidelity. A link between Canadian spawning grounds and western seabird colonies was further supported by the Canadian recruitment and weight-at-age 1 data (Fig. 5). These datasets also showed strong ties to these western and central seabird colonies, supporting the idea that a considerable portion of these Canadian spawning components produce juveniles that spend their first summers in the western and central Gulf of Maine. Curiously, although data from MSI, which is closest to the Bay of Fundy, had significant lags with the acoustic data, they were exclusively short lags of +1 year or no lag. This suggests that the juveniles around the central and western seabird colonies returned to the Bay of Fundy only just before spawning, and may have experienced similar environmental conditions to those experienced by juveniles consumed by seabirds at MSI. These data may represent broad spatial movements of multiple age classes of these spawning components, revealed without the need for direct assessment through tagging studies.



534 We observed a second unexpected spatial pattern between the Georges Bank acoustic survey and the  
535 tern diets at MSI; our post hoc analysis revealed that alcids at MSI showed a similar pattern, but only  
536 prior to 2005. These relationships were among the strongest in the model set. MSI terns often  
537 consumed >80% herring by mass in their diet in the 1990s, peaking in 1997, but herring declined in chick  
538 diets after 2000. This decline predicts the decline in biomass observed in acoustic surveys on Georges  
539 Bank in 2001, which remained at much lower levels thereafter. Although the biomass decline at  
540 Georges Bank is considered odd in the American stock assessment report (NEFSC 2012), it is one of the  
541 few datasets that matches the magnitude of decline in herring observed at this colony. Georges Bank  
542 juveniles are generally expected to remain on Georges Bank or travel “inshore” (Boyar et al. 1973;  
543 Anthony and Waring 1980; Reid et al. 1999; Overholtz et al. 2004), rather than spending time in the Bay  
544 of Fundy around MSI, and such behaviour has been suggested by others (Iles 1971; Anthony and Waring  
545 1980 *in* Tupper et al. 1998). The absence of acoustic data after 2012 and the collapse of the MSI tern  
546 colony in 2006 make future links between these datasets currently impossible, but the tern colony has  
547 now been restored (Scopel and Diamond 2017) and this link could be explored further if acoustic  
548 sampling were resumed.

549 Models including the longest seabird time series usually had weaker relationships than shorter time  
550 series. Our post hoc analysis revealed that many longer seabird time series – three of which did not  
551 produce significant cross-validated models – had significant correlations for only part of series, or had  
552 differing lags between different subsets of years. One potential explanation is that there were  
553 fundamental bottom-up changes in the ecosystem following the regime shift of 2000-2004 (Townsend  
554 et al. 2010; Smith et al. 2012) that altered the relationship between herring and their seabird predators.  
555 Another explanation is that if the connectivity between juvenile habitat and spawning components  
556 changes, or if the relative production from spawning components changes through time, the seabird-  
557 fishery relationships would also change, and thus become weaker when viewed at longer temporal

558 scales. The strong spatial pattern observed between the Bay of Fundy herring stock and western-central  
559 seabird colonies is consistent across colonies and corroborates larval movement observed in other  
560 studies (Tupper et al. 1998), leading us to believe that these relationships are real. Since the  
561 connectivity of these spawning components is poorly understood, linkages between seabirds and  
562 herring should continue to be monitored to ascertain potential changes in spatial relationships.

563 Diets of local seabird populations offer a means to sample and assess the size and abundance of juvenile  
564 herring from different spawning components. Herring from these colonies could also be obtained  
565 directly from the birds, generating samples to explore spatial dynamics with other techniques (DNA,  
566 otoliths, stable isotopes, etc.). A more sophisticated analysis of these spatially dispersed seabird  
567 colonies may allow better development of indices to predict the movement of young herring and the  
568 contribution of different spawning components to different parts of the Gulf of Maine.

569

#### 570 *Interpretation of lags*

571 We observed three types of lags in our data – short (0 or +1 years), long (+2 to +5 years), and negative  
572 lags (-1 to -2 years). We offer an interpretation of these three lags.

573 Long lags represent the fate of a herring cohort as it moves from potential prey to seabirds in its first or  
574 second years, into and through the fishery. These lags were found especially in models including  
575 acoustic surveys, mobile-gear landings, modeled spawning stock biomass, and weights-at-age. These  
576 data types typically represent older age classes of fish, supporting our interpretation. These lags are  
577 most useful in predicting future stock size or productivity.

578 Short lags are more difficult to interpret, especially when fishery data represent older age classes, such  
579 as landings and acoustic surveys; there is no obvious reason why 1-yr-old herring should be prominent in

580 seabird diet in the same year that fishery catches of older cohorts are high. While some short lags could  
581 represent cohort size (e.g., modeled age-1 recruitment), we suggest that most reflect local  
582 environmental conditions, such as temperature, which affect all age classes equally. Good or poor  
583 growth conditions experienced by juvenile herring near seabird colonies may also reflect the  
584 environmental conditions experienced by adults at the same time, depending upon coincidence in  
585 spatial distribution of young and adult herring.

586 Negative lags were observed in fixed-gear landings and weight-at-age models. In these cases, the  
587 fishery predicts the bird diets, and potentially age-1 recruitment. Although weight-at-age could serve as  
588 a representation of condition and potential fecundity in herring adults (Berkeley et al. 2004), fixed-gear  
589 landings are harder to interpret. Fixed-gear landings capture 2-yr-old fish primarily, which could  
590 indicate that the abundance of fish captured by this passive gear indicates the size or condition of the  
591 incoming cohort to the spawning population, and subsequent reproductive potential. These  
592 relationships may be useful in developing an index of recruitment, although they are likely more  
593 complicated than the simple linear relationships that we tested.

594 Please see Supplementary Data S2 for a discussion of data limitations.

595

#### 596 *Relevance of stock data to EBFM*

597 The most recent American stock assessment report (Deroba 2015) suggested that spawning stock  
598 biomass in the near future should be high, based on the modeled spawning stock biomass in 2014 being  
599 the highest ever recorded. However, 2014 modeled spawning stock biomass frequently appeared as an  
600 outlier in our cross-validation process, and American models have a severe retrospective pattern that  
601 tends to overestimate spawning stock biomass and underestimate fishing mortality (NEFSC 2012), by as  
602 much as 56% (TRAC 2009). While the high spawning stock biomass in 2014 likely reflects the strong

603 2009 cohort, more recent cohorts have been much weaker, especially in the east. This assessment  
604 report also suggested that the 2012 cohort was of equivalent magnitude to the 2009 cohort – the largest  
605 ever recorded in the region – and that the herring stock was consequently in strong shape. Seabird diet  
606 data from the eastern and central Gulf of Maine do not support the optimism expressed in this  
607 assessment; 22 of 33 diet variables were of 2x or greater magnitude in 2009 vs. 2012, 13 of which were  
608 5x or greater; only two showed a 2x or greater magnitude of 2012 over 2009. Only diets of western  
609 common terns favoured the 2012 cohort over 2009, with 8 of the 12 variables being higher in 2012 (4 >  
610 2x).

611 Weight-at-age has been considered “stable” (TRAC 2009), but American and Canadian weight data both  
612 show a decline since the 1980s, the latter correlating well with seabird diet data. Declining weights-at-  
613 age imply a larger number of herring per unit of biomass, where smaller individuals have lower  
614 fecundity and survival (Pauly 1980; Berkeley et al. 2004), leading to a negative feedback loop where  
615 spawning stock biomass continues to decline. Overholtz et al. (2004) observed that mean weights-at-  
616 age in the American stock components had declined significantly after 1980, representing a 20%  
617 decrease in biomass for fish at age 6 – of similar timing and magnitude to Canadian data – yet most  
618 recent assessments by TRAC and NEFSC have not identified this long-term decline in weight-at-age as an  
619 area of concern. The variable lag patterns observed between seabird data and Canadian weights-at-age  
620 suggest that these relationships are not resolved well by this analysis, but inclusion of positive and  
621 negative lags suggest that both adults and juveniles are affected by this decline in weight-at-age.

622 The fixed-gear fishery – which is restricted to the eastern Gulf of Maine – has had poor landings for the  
623 past decade, and showed negative lags with seabirds at three of the easternmost colonies. These trends  
624 reflect declining herring in the east, and represent economic and social needs of part of the fishing  
625 community that has been overlooked. Our result is a reversal of the finding in Amey (1998), who  
626 examined the predictive value of MSI Arctic terns to the weir fishery in New Brunswick. Amey's study

627 was carried out 1990-97 when herring dominated MSI Arctic tern diet and weir catches nearby were  
628 high; different relationships can be expected when herring availability falls below the threshold when  
629 predators switch to alternative prey, as seems to have occurred since 2000 (see above). Herring data  
630 from mobile-gear landings and modeled spawning stock biomass typically correlated with central Gulf of  
631 Maine alcids and western common terns; these relationships were much weaker for central terns and  
632 eastern seabirds, suggesting that they are also getting overlooked in stock assessment. Eastern and  
633 central terns generally had stronger relationships with acoustic surveys or fixed-gear landings data,  
634 suggesting that these measures better represent herring availability to terns, and may be underutilized  
635 in stock assessment. Arctic terns in central colonies were particularly underrepresented, leading to the  
636 question of which data would represent these birds' needs.

637

### 638 *Importance of ecological variables*

639 Sea-surface temperatures in the Gulf of Maine have been increasing more rapidly than in most of the  
640 world's oceans since 2004, exceeding historic values since 2012 (Pershing et al. 2015); further, regime  
641 shifts in the late 1980s and late 1990s have changed zooplankton communities significantly (Hare and  
642 Kane 2012). This argues that ecosystem-based management in the Gulf of Maine must take ecosystem  
643 changes into account, yet environmental data are not currently included in the stock assessment model  
644 (NEFSC 2012). Using temperature as an example, Bell et al. (2015) warned that changes in temperature  
645 can have effects as great as those of fishing, and Pershing et al. (2015) found a strong effect of  
646 temperature on the survival and growth of Atlantic cod (*Gadus morhua*) in the Gulf of Maine, leading to  
647 an overestimate of cod biomass, perpetual overfishing, and a delay in stock recovery. Herring are  
648 susceptible to changes in temperature at all life stages (Tupper et al. 1998; Rijnsdorp et al. 2009; Corten  
649 2013); increasing temperatures are especially dangerous for young fish, raising metabolic rate without

650 increased food to support their greater energetic needs, resulting in greater mortality and thus  
651 depressed recruitment (Brander 2007; Rijnsdorp et al. 2009). Recruitment has been shown to be  
652 sensitive to temperature in several herring stocks in the northeast Atlantic (Cardinale et al. 2009;  
653 Ottersen et al. 2013; Payne et al. 2013). Increasing temperatures can also lead to trophic mismatch, as  
654 well as changes in behaviour, mortality rate, timing of maturity, growth rate, and generation time  
655 (Stevenson and Scott 2005; Hsieh et al. 2006; Rijnsdorp et al. 2009). No ecological approach to fishery  
656 management can legitimately exclude environmental variables, especially when, like temperature, they  
657 are known to strongly influence fish biology; we strongly recommend the inclusion of at least  
658 temperature data in future assessment models in order to account for rapid environmental changes in  
659 this ecosystem.

660

661 Overall we found strong relationships between seabird diet and a variety of sources of herring data; the  
662 most striking patterns were clear spatial differences in those relationships among colonies, which reflect  
663 spatial structuring in herring stocks and likely patterns of movements of herring in the years before they  
664 recruit into the stock and the fishery. Some types of herring data which are not routinely used in stock  
665 assessments— notably acoustic surveys and weight-at-age data – provided relationships as convincing as  
666 those with the more commonly used data types (mobile-gear landings, modeled spawning stock  
667 biomass). This suggests that these sources provide important insight into the process of recruitment,  
668 which is widely acknowledged to be poorly understood. We urge more focused incorporation of such  
669 data, and data on seabird diets, as well as environmental variables such as temperature, if herring  
670 management is to move closer to a truly ecological approach. The dependence of seabirds on pre-recruit  
671 life stages of herring, and the widespread and long-term collection of seabird diet data at all major  
672 seabird colonies, offers a unique opportunity for significant progress toward the goal of a broader-based  
673 approach to herring management.

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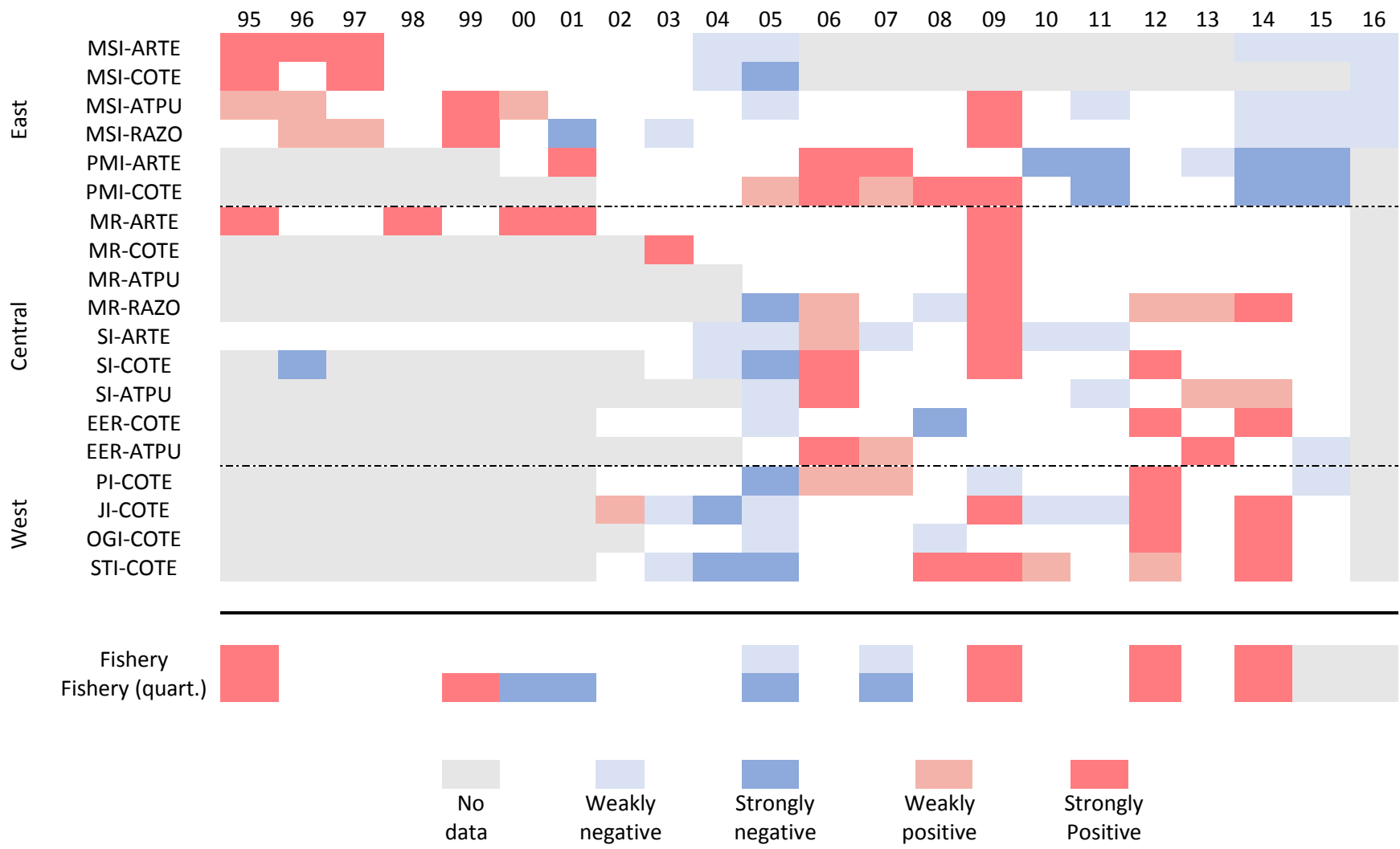
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926  
 927 Table 1. Relative Atlantic herring age-1 cohort strength among seabird colonies and fishery data. Boxes indicate strong (red) or weak (blue)  
 928 cohorts for a particular seabird colony-species pair, or for cohorts as defined by the American stock assessment model. Fishery cohorts are  
 929 listed by raw abundance and by quartile. Colonies include Machias Seal Island (MSI), Petit Manan Island (PMI), Matinicus Rock (MR), Seal Island  
 930 NWR (SI), Eastern Egg Rock (EER), Pond Island NWR (PI), Jenny Island (JI), Outer Green Island (OGI), and Stratton Island (STI). Seabirds are Arctic  
 931 tern (ARTE), common tern (COTE), Atlantic puffin (ATPU), and razorbill (RAZO).

932 Table 2. List of seabird-fishery predictive models with a prediction error <0.2. Models are ranked by  
 933 prediction error. All models are considered strong potential bioindicators.

Fishery Category	Fishery Description	Seabird Colony	Seabird Species	Seabird Data Type	Lag	Prediction Error	SE	Pseudo-R <sup>2</sup>	Slope	SE	N
Acoustic	Bay of Fundy	Machias Seal Is.	C. Tern	Proportion	+1	0.03	0.00	1.14	1.00	0.08	8
Model	Spawning Stock	Matinicus Rock	Razorbill	Mass/feed	+5	0.05	0.01	1.00	1.09	0.16	5
Landings	Combined	Machias Seal Is.	C. Tern	Mass/hr	+4	0.08	0.00	0.94	0.64	0.11	11
Landings	Fixed	Machias Seal Is.	C. Tern	Proportion	-2	0.13	0.01	0.86	0.62	0.12	12
Model	Recruits, USA	Matinicus Rock	C. Tern	Mass/hr	0	0.13	0.01	0.87	1.07	0.13	9
Model	Spawning Stock	Jenny Is.	C. Tern	Mass/feed	+5	0.13	0.01	0.91	1.07	0.16	8
Acoustic	Georges Bank	Machias Seal Is.	C. Tern	Mass/hr	+4	0.15	0.01	0.73	1.03	0.14	11
Weight	At-age 1	Seal Is.	Puffin	Avg. mass	+5	0.15	0.02	0.91	0.82	0.24	6
Model	Recruits, USA	Matinicus Rock	Puffin	Proportion	0	0.17	0.02	0.86	1.33	0.22	7
Acoustic	Bay of Fundy	Pond Is.	C. Tern	Proportion	+3	0.18	0.01	0.76	0.97	0.22	9
Landings	Combined	Petit Manan Is.	C. Tern	Proportion	0	0.18	0.01	0.80	0.54	0.15	12
Landings	Mobile, USA	Stratton Is.	C. Tern	Mass/hr	+5	0.18	0.02	0.87	0.64	0.19	8
Acoustic	Georges Bank	Machias Seal Is.	A. Tern	Mass/hr	+4	0.19	0.01	0.65	0.88	0.14	11

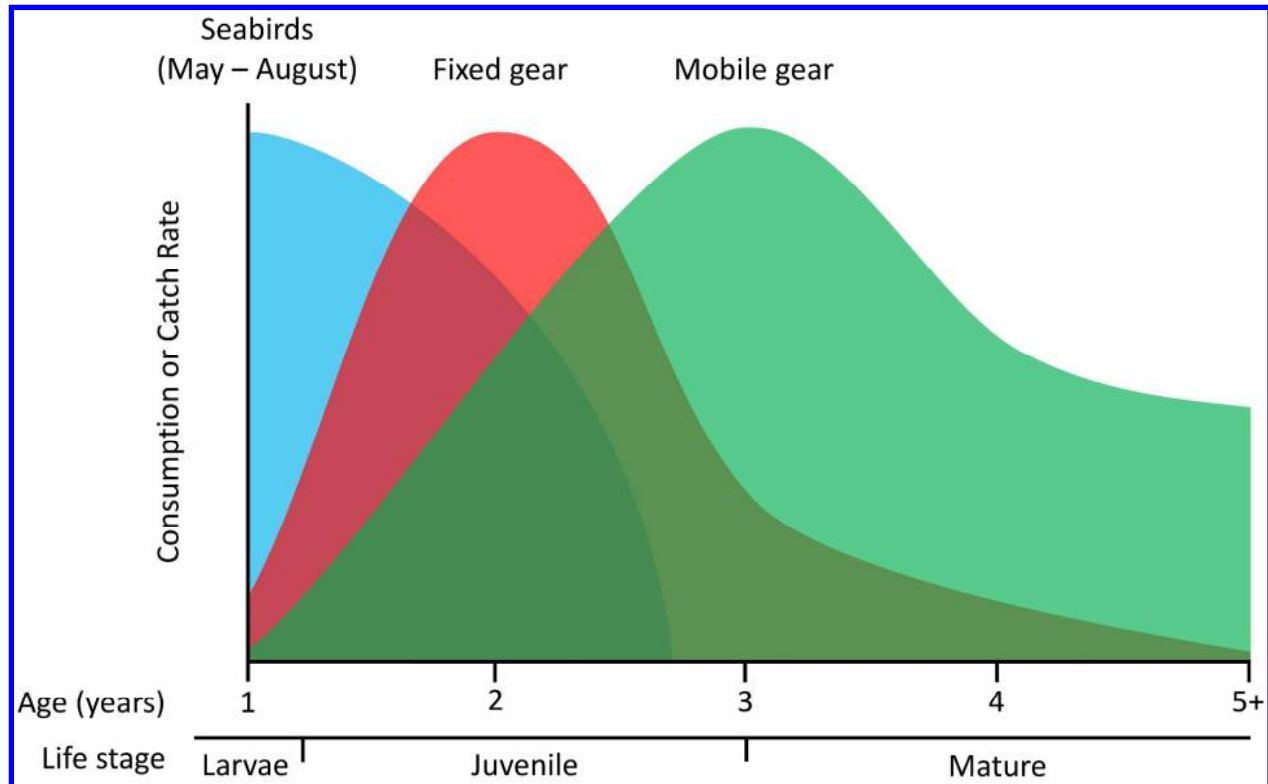
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936 Table 3. Rankings of 13 fishery data types for potential use as indices of predator food availability in the  
 937 Gulf of Maine and Bay of Fundy region. Ranking criteria included the number of seabird species  
 938 included in cross-validated models (four total), the number of seabird colonies included in cross-  
 939 validated models (nine total), the number of geographic regions encompassed by the models (three  
 940 total), the number of cross-validated models with slopes and pseudo- $R^2 > 0.5$ , and the number of cross-  
 941 validated models with prediction error  $< 0.2$  represented by each data type.

Category	Description	# Species	# Colonies	# Regions	# Models $> 0.5$	# Error $< 0.2$	Potential?
Model	Spawning Stock Biomass	4	8	3	10	2	High
Acoustic	Bay of Fundy (Canada)	4	5	3	6	2	High
Weight	At-age 1	3	5	2	12	1	Moderate
Landings	Mobile, USA	3	5	2	7	1	Moderate
Model	Recruits, Canada	3	5	2	7	0	Moderate
Landings	Fixed, New Brunswick	3	3	2	6	1	Moderate
Model	Recruits, USA	2	2	1	4	2	Low
Acoustic	Georges Bank (USA)	2	1	1	4	2	Low
Weight	At-age 3-5	3	3	2	4	0	Low
Weight	At-age 3+	2	1	1	4	0	Low
Landings	Combined (USA Mobile, all Fixed)	2	2	1	3	2	Low
Weight	Growth increment 2-3	2	3	2	3	0	Low
Landings	Mobile, New Brunswick	0	0	0	0	0	Poor

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945 Figure 1. Stages of Atlantic herring life cycle and timing of peak mortality from seabirds and fisheries.

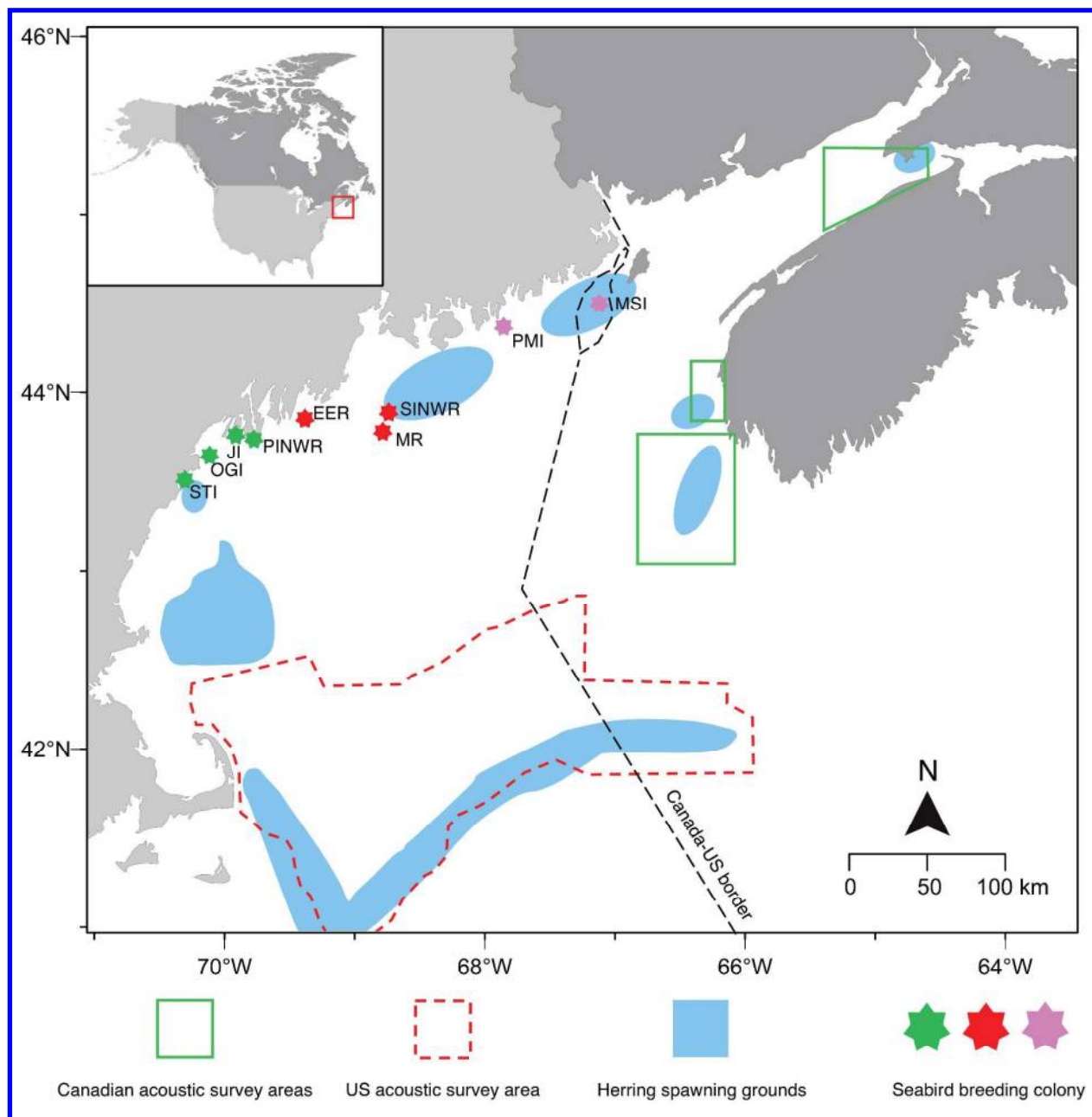
946 Herring hatch in the fall (age 0, not shown), and become age 1 on January 1; fall-spawned herring do not

947 overlap with the seabird breeding season at age 0. Seabirds target age-1 herring in summer, and, to a

948 lesser extent, age-2 herring the following summer. The fixed-gear fishery primarily catches age-2

949 herring, and the mobile-gear fishery catches a range of fish cohorts, especially ages 3-5.

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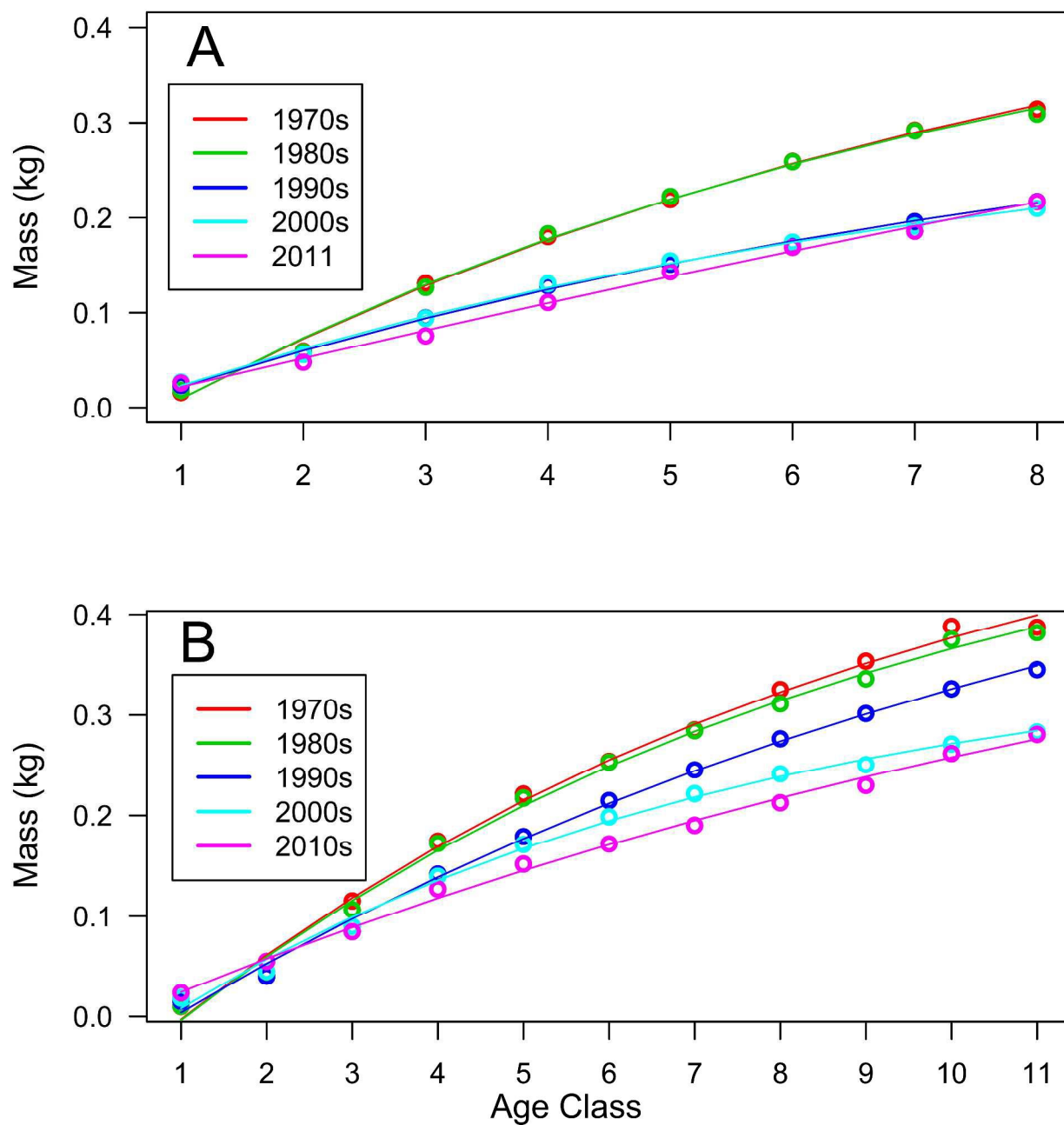


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952 Figure 2. Map depicting the Gulf of Maine-Bay of Fundy region, the nine seabird colonies in this study,  
953 spawning grounds of Atlantic herring, and locations of acoustic surveys. Colonies are annotated as  
954 follows: Stratton Island (STI), Outer Green Island (OGI), Jenny Island (JI), Pond Island National Wildlife  
955 Refuge (PINWR), Eastern Egg Rock (EER), Matinicus Rock (MR), Seal Island National Wildlife Refuge  
956 (SINWR), Petit Manan Island (PMI), and Machias Seal Island (MSI). Colonies in green are considered

957 western, colonies in red are considered central, and colonies in pink are considered eastern. Adapted  
 958 from Overholtz et al. 2004; NEFSC 2012; DFO 2016.

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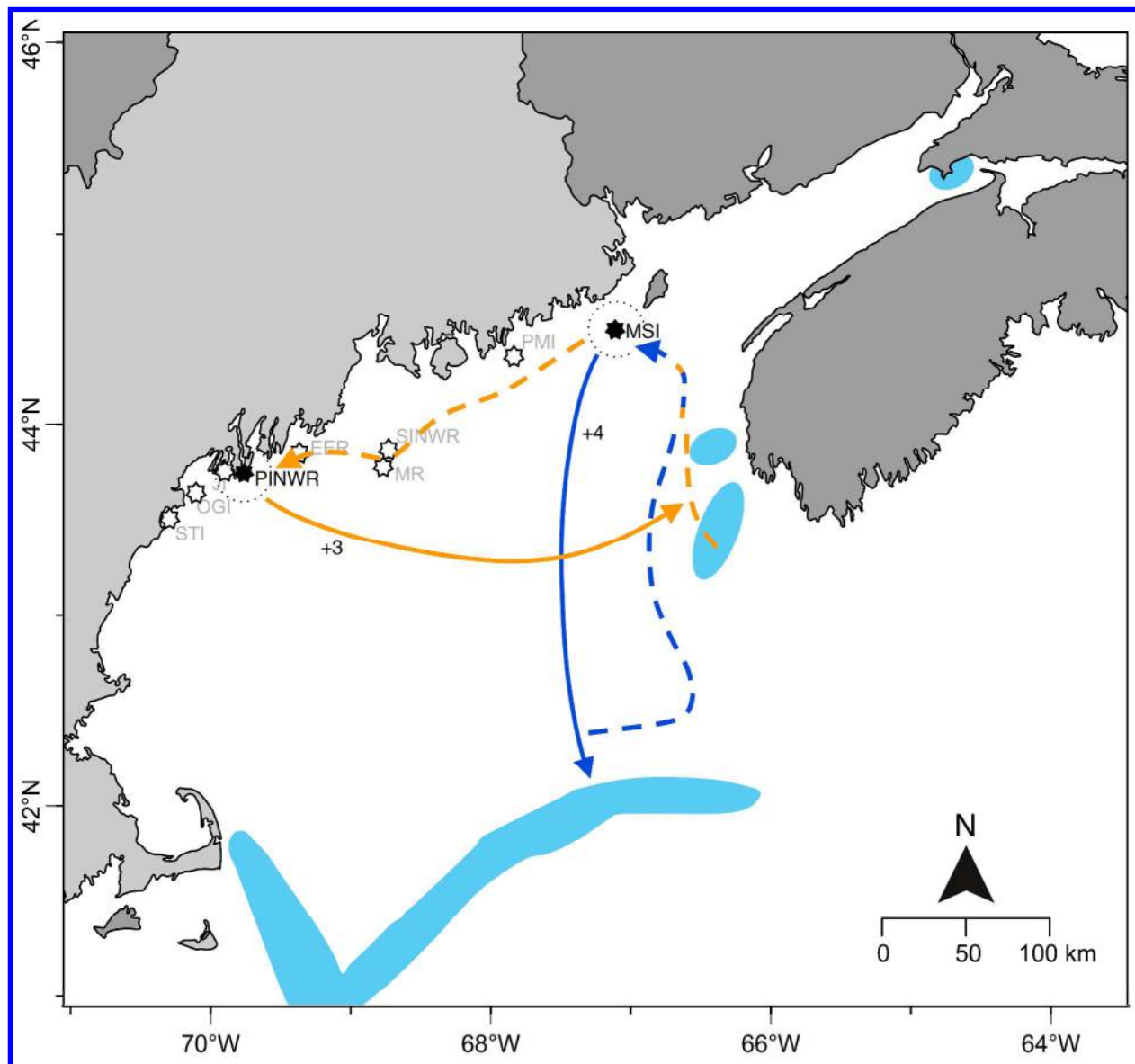
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961 Figure 3. Mean weights-at-age for the (A) American stock assessment and (B) Canadian stock

962 assessment. American data include 1965-2011, while the Canadian data include 1965-2015.



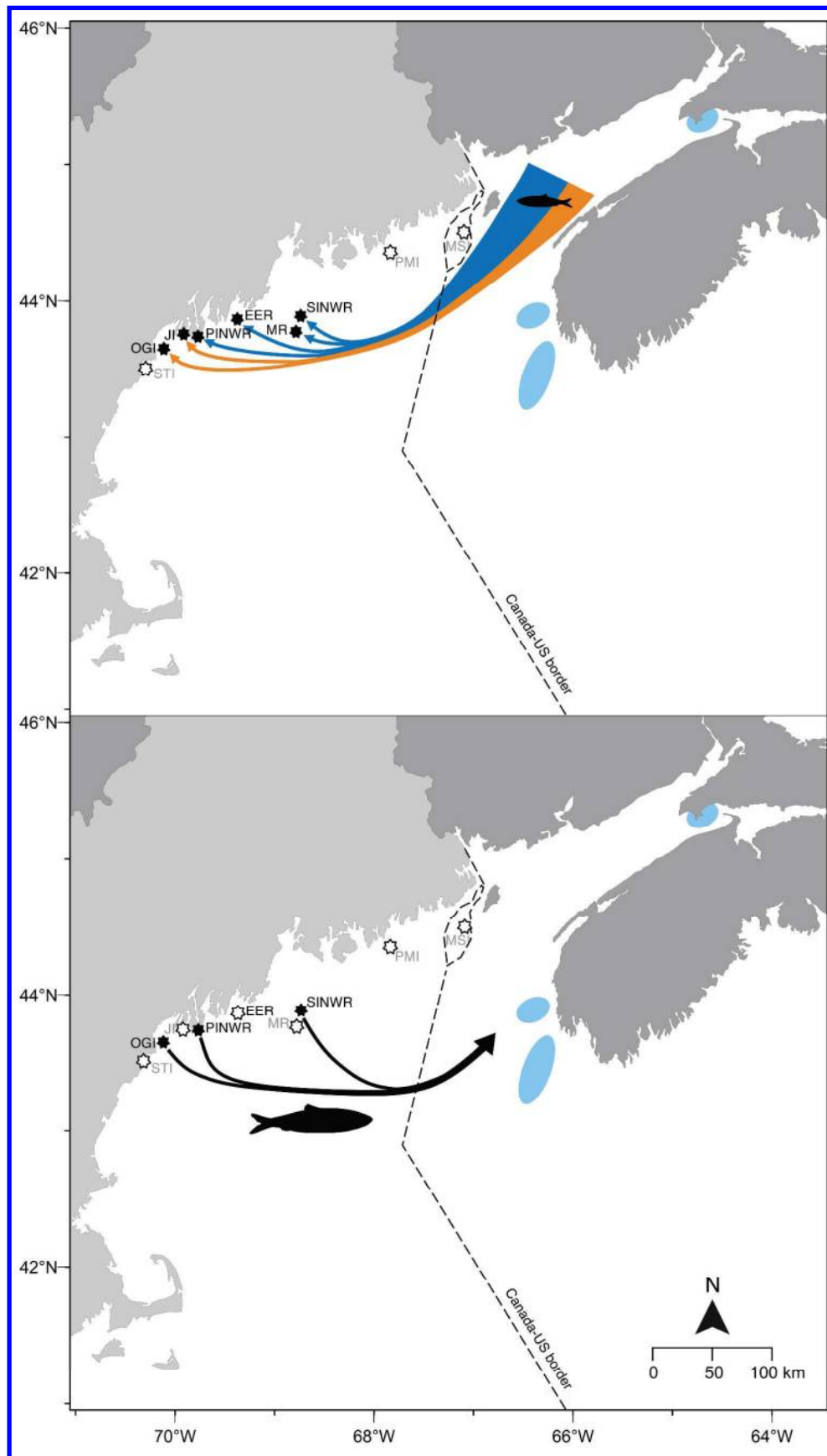
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965 Figure 4. Top ranked models showing relationships between seabird diet data and American (blue) and  
 966 Canadian (orange) acoustic surveys in the Gulf of Maine and Bay of Fundy region. Common and Arctic  
 967 tern diet data at Machias Seal Island (MSI) predicted acoustic surveys at Georges Bank four years later,  
 968 while common terns at Pond Island (PINWR) predicted acoustic surveys from the Bay of Fundy three  
 969 years later. Dashed lines suggest proposed larval movements from spawning areas toward seabird

970 colonies, where seabirds consume juvenile herring. Solid lines indicate connectivity back to natal  
971 grounds.



973 Figure 5. Links between Canadian fishery data and seabird diets in the Gulf of Maine and Bay of Fundy  
974 region, based on cross-validated regression models. Two types of fishery data represented the age-1  
975 cohort (age-1 recruitment, weight-at-age 1, upper panel), and one was linked to older cohorts (acoustic  
976 survey, lower panel). The blue and orange arrows indicate links between age-1 data and seabird  
977 colonies; the blue arrow indicates a significant relationship with both sets of data, whereas the orange  
978 arrow shows a link with just one. The black arrows show ties back to the Bay of Fundy acoustic data  
979 three years later, suggesting movement back to Canada three years later. Spawning areas are shown in  
980 blue polygons, where acoustic surveys are performed.